



## Coaching Academy

Name:  Topic:

### Coaching Methodology

- Technical Progressive       Tactical Progressive  
 Functional Training       Phase Play       Shadow Play

Warm-Up Exercise	Organization / Instructions
Click inside box to insert diagram	

### Main Theme Exercise 1

### Main Theme Exercise 2

Click inside box to insert diagram	Organization Exercise 1  Organization Exercise 2	Click inside box to insert diagram
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Coaching Points: (Include Visual Cues)



**Coaching Academy**

Main Theme Exercise 3

Organization

Click inside box to insert diagram

Coaching Points

Diagram Team Shape - Provide Field Dimensions

Organization

Click inside box to insert diagram