

Soccer Champions Coaches' Clinics



Interactive Session Plan ™

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Coach Dick Bate	Session date	27 Feb 2015	Team/Age Group	U16s
Theme Developing "Movement" Skills				
di u	NOTES			
©Copyright swith academy soccercoach scall, #2015		s ball is moved aro	und the square.	movements after
4.	Passing variety and speeds of passes around the square.			
	Movement between players on the inside and outside the square. Timing and "cleverness" of inter-changes of place. Including opposition as the practice advances.			
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о сорунди мимлеванну воссителентести 2015	5 players in a 15 x 15 yd square divided into 4 sectors.			
	Pass and leave your own sector to move to another.			
	Others replace the passer who leaves the sector.			
© Copyright www.scademysoccercouch.co.ul #2015	All sectors must be filled by a player at all times.			