

Soccer Champions Coaches' Clinics



Interactive Session Plan ™

Ray Reid Session date 27 Feb 2015

Theme

Transitional Defending the Connecticut Way











NOTES

Defending in a Grid (Dealing with Numbers Down)

- -Stopping the Ball
- Delay
- Recovery
- Keeping the player(s) in front of you
- Communication

Open Field Defending- Delay & Recovery

- -2v4 (no recovery)
- -2v4 + 1 recovering
- -3v4 + 2 recovering (1 WMF, 1 DMF)
- -4v4 + 3 recovering
- 1. 2v1 w/ 1 recovering defender in a grid
- 2. 2v2 w/ 1 recovering defender
- 3. 3v3 w/ 1 recovering defender

Emphasize

- -#'s Down
- Recovery
- Delay
- Communication
- Sorting Out Problems
- 1. 2v2 +1 recovering defender to goal (two goals involved)
- 2. 2v3 +1 recovering defender
- 3. 3v3 +1 recovering defender

