Soccer Champions Coaches' Clinics

Interactive Session Plan ™

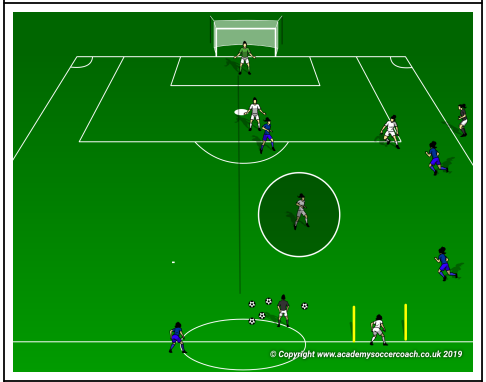
Coach	Nancy Feldman	Session date	22 Feb 2019	Team/Age Group	u16-u20

Theme	Possession to Penetrate Into and In Final Third: Getting to Goal	Time available	6:15-7:15 PM

NOTES

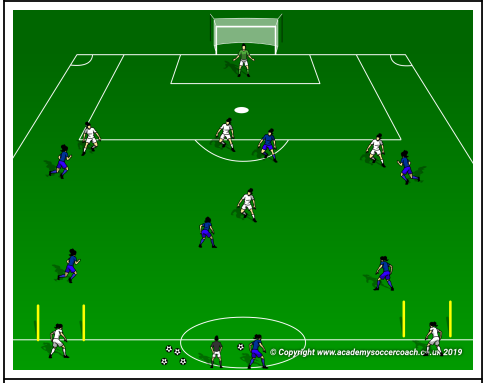
Shadow patterns - (whole)
free passing to finish at goal; demo and repeat the following - overlap 2/3 players, 1-2 and double pass 2/3 players, replacing and using the target 9;
Encourage interpassing and movement prior to penetrate

c.p. maintain width and target presence high, movement initiates pass, relationships and partnerships between player groups



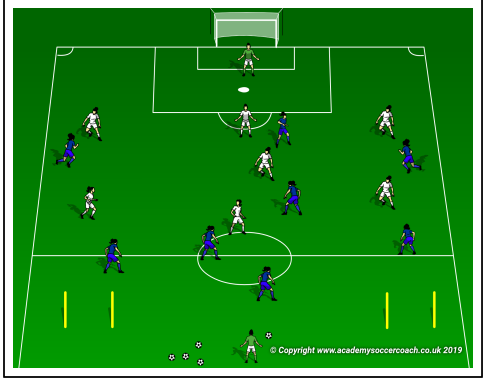
3v2 to 3v3 to goal (part)
to be played on one side of the vertical middle. could have recovering defender or release 3rd defender on cue.
working on combining to penetrate , moving and isolating defenders to get penetration/to goal

c.p. speed of play, movements in support based on defenders and teammates positions play in front to get behind, can reset with support player anytime to relieve pressure and reset attack



6v5 to goal with counter gates/targets (whole)
possession in front to find combinations/partnerships to penetrate

c.p. good SOP to move ball in and out of concentration in order to move defense, create separation of defenders with ball and player movements with possession, when to have close support vs spacing to stretch the defense



8v8 to 8v9 to goal with counter goals

c.p. use of dribble and pass to move defense, support behind ball as well as in front/side, SOP with patience and poise to penetrate vs organized block, possession in and out will move them and space between, in front and behind will open up