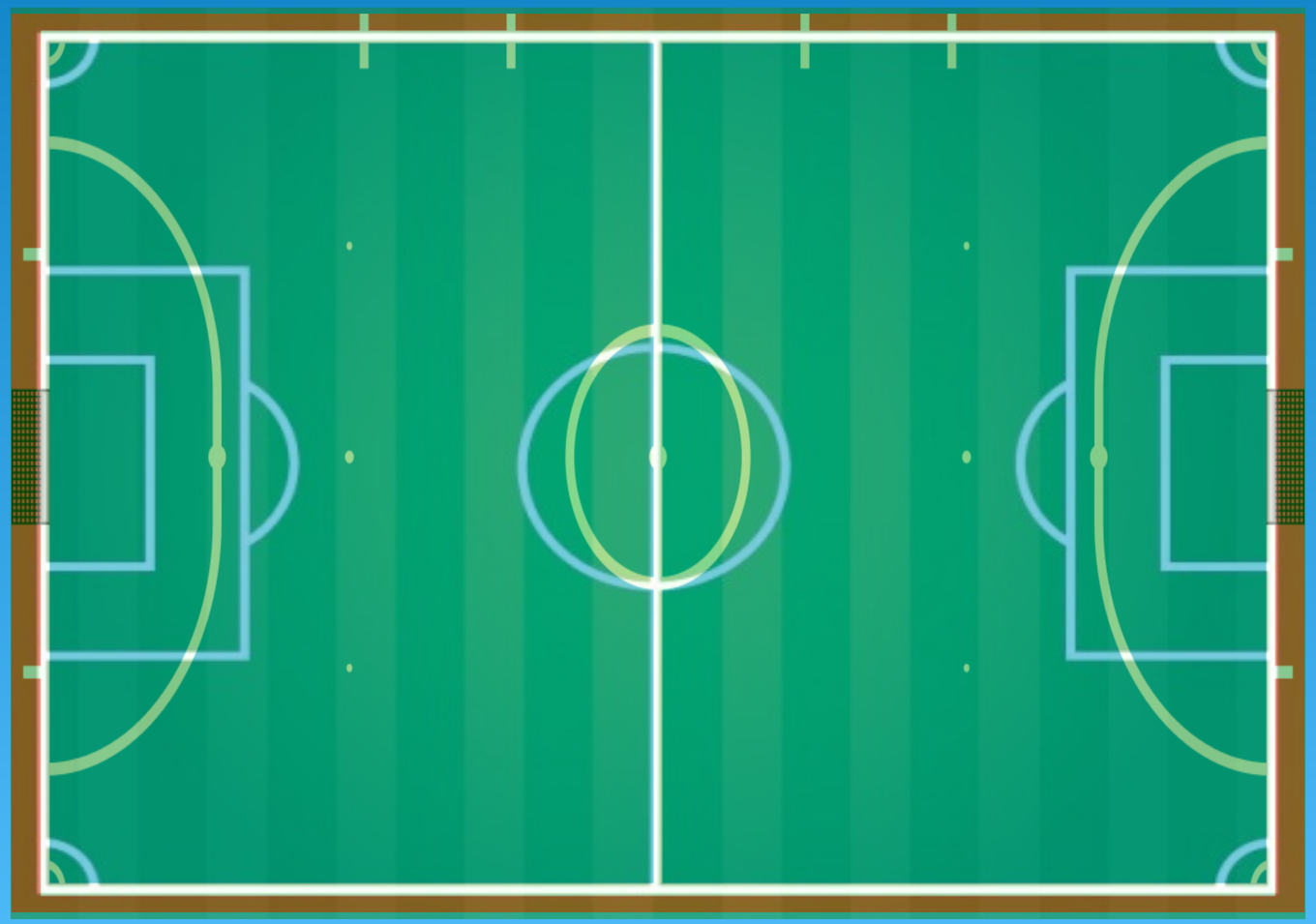
US FUTSAL ATTACKING PRINCIPLES

FUTSAL TO SOCCER COACHING



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FUTSAL CAREER

SOCCER CAREER

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FUTSAL OVERVIEW

- GK + 4;
- Futsal court (dimension and surface);
- Heavy ball;
- Substitution system;
- Time outs;
- Rules - no offsides;
- Accumulated fouls;
- Replacement of sent-off players;
- Referees, infringements and sanctions;
- High occurrence of 1v1;
- Constant outnumbered situation both attacking and defending;
- High occurrence of transitions;
- Goalkeeper offensive actions to build up;
- Need to adjust to the change of opponent's characteristics due sub system;
- Being aggressive without conceding free kicks;
- Faster pace and dynamic;

TRAINING METHODOLOGY

- Dynamic game in different scenarios **>>>** quick decisions in offense and defense;
- Game knowledge **>>>** **g**ame reading **>>>** decision making;
- Training mimics the game to provide experiences and create/adjust behaviors;
- Players must start to think on their own;

- The goal in the US and other countries is to develop great soccer players using the futsal game. Also to form great futsal player as the game starts to grow in US to a more professional scenario.

COACHING ROLE

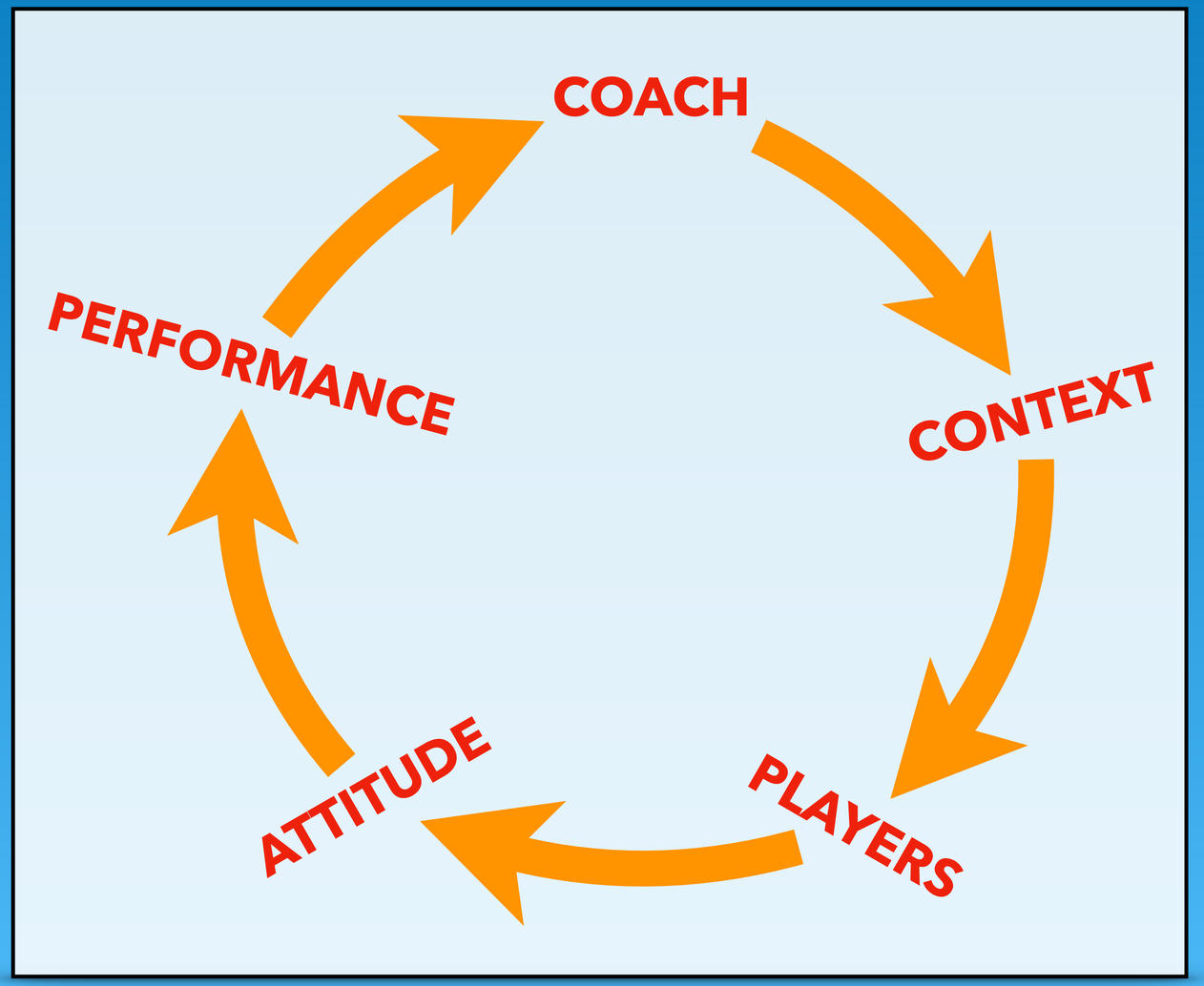
#1 Coach

#2 Adjust Rules

#3 Players

#4 Reflection

#5 Mastering

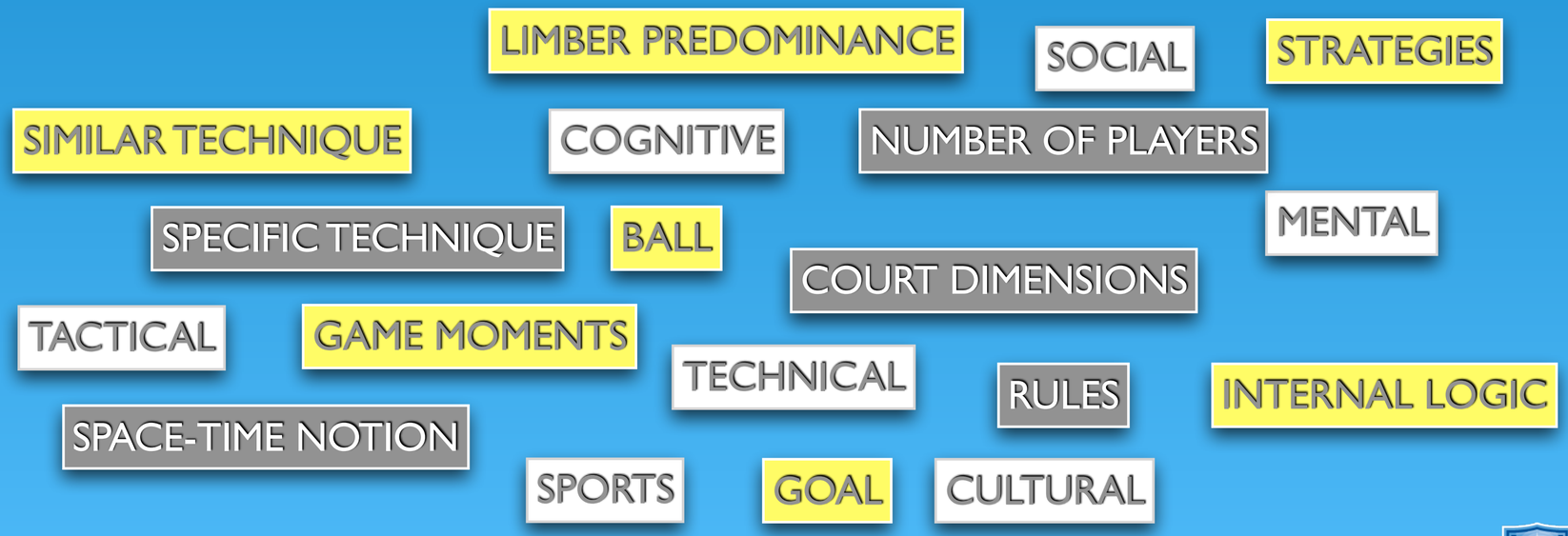


Do not worry about if players make mistake the games should be done to take players out of their **COMFORT ZONE**

FUTSAL AND SOCCER

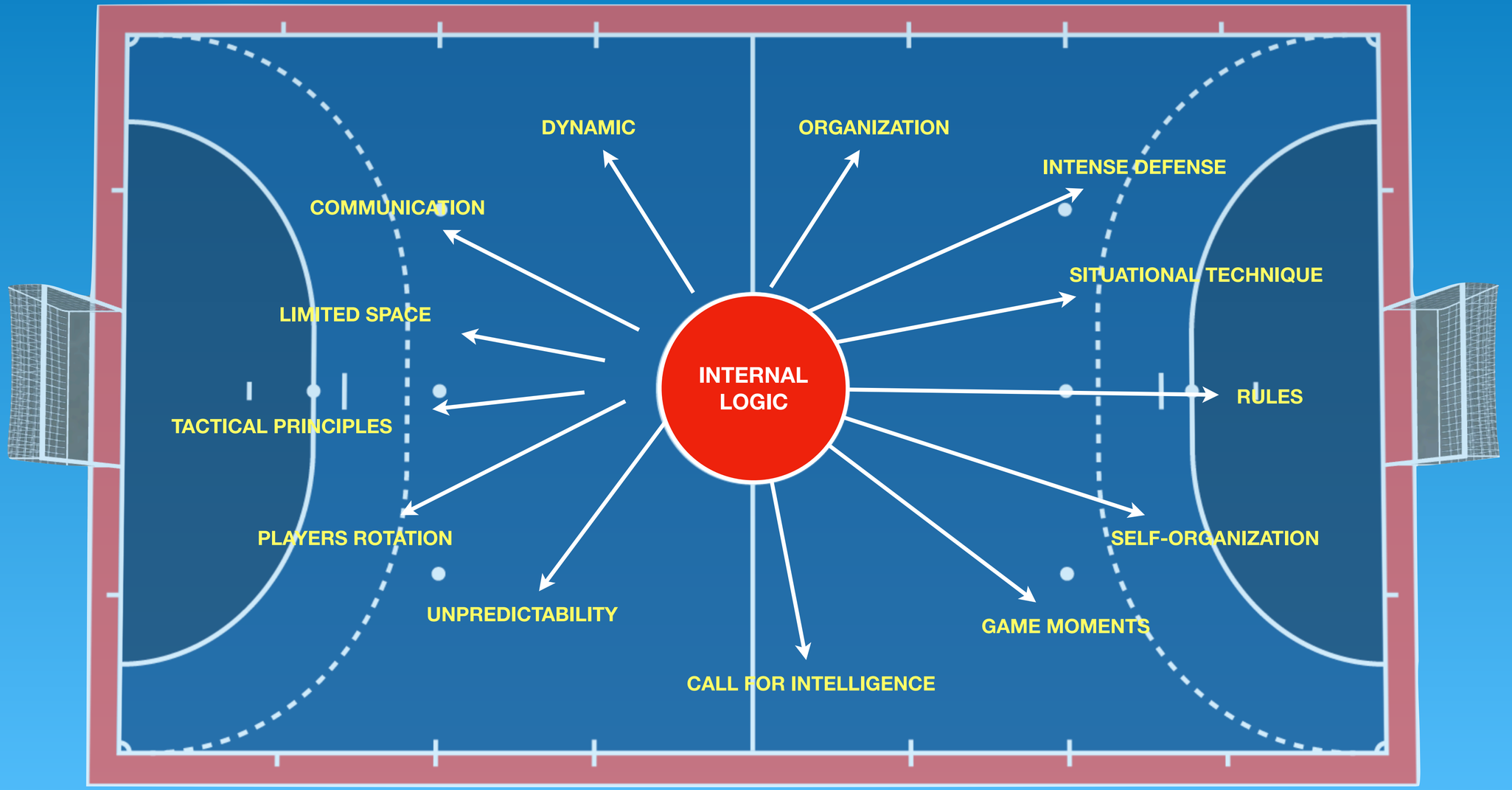
- Futsal by itself can assist a little the soccer player development.
- Futsal guided towards an efficient and competitive practice can assist a lot the soccer player development.
- Futsal developed through principles, methodology, practice and competition guided accordingly to the club's culture can assist the soccer player excellence development.

1. Conditioned Games
2. Adapted Games
3. Problem Solving
4. Technical Significance
5. Game Knowledge
6. Interactivity



Adapted from DANIEL JUNIOR

FUTSAL INTERNAL LOGIC



Adapted from WILTON SANTANA

ATTACKING TACTICAL-TECHNICAL BEHAVIORS

- Constant movements/runs;
- Play without the ball;
- Precise speed/pace for passing;
- Under pressure, set speed without the ball and pass it forward;
- Take into 1v1;
- Passes in depth;
- Attack the free space;
- Approach a teammate;
- Support the pass;
- Move diagonally and through the parallel channels;
- Intelligence to make decisions;
- Perform combination plays / set plays;

TOPICS TO DEVELOP AND FOCUS

- **OPEN SPACE:** a player without the ball creates space for a teammate to receive the pass;
- **SPEED UP THE PASS:** provide speed to the ball;
- **SUPPORT:** action from who is in the back of the court, in the last offensive line, to enter in the passing lane with who has the ball in the 1st or 2nd offensive line;
- **APPROACH:** a player in front of the ball line approaches the ball carrier offering a passing lane;
- **BALL IN THE SPACE:** pass for an attacker who gains the back of the opponent;
- **PASS IN DEPTH:** pass for an attacker who offers support in the depth of the court;
- **MOVING THE BALL:** keep the ball moving, dribbling it to the side, front or behind;
- **CREATE PASSING LANE:** unmark, finding a passing lane with the ball carrier;

TOPICS TO DEVELOP AND FOCUS

- **OVERLAP/CROSS:** when a player pass the ball and advance passing behind who has the ball, or even without passing the ball first. Happens during “pisa/step” or “run towards the ball";
- **ATTENTION DISTRIBUTION:** include in the visual field the most possible number of variables (ball, teammates and opponents);
- **ATTACKING DUEL:** challenge an opponent when having the ball and trying to pass by them;
- **ATTACKING THE GOALKEEPER:** dribble the ball toward the goalkeeper;
- **GET IN THE BALL:** move towards the ball, stepping on it or putting it in movement;
- **PIN THE MARKER:** take the ball towards an opponent forcing them to position to defend;
- **WIN THE OPPOSITE SIDE:** gain the opposite side from where the pass was performed;
- **REVERSE THE FOOT:** right footed passing to the left side and vice-versa;

TOPICS TO DEVELOP AND FOCUS

- **DIRECT PLAY:** act primarily in a vertical direction, facing the opponent's goal, framing it and all the teammates;
- **FLANK TO FLANK PASS:** pass in width, from one flank to the other;
- **DIAGONAL PASS:** pass the ball in a diagonal direction in relation to the side line;
- **PARALLEL PASS:** pass the ball in a parallel direction in relation to the side line;
- **PROJECTION IN THE SPACE:** move forward in the empty space, wining the space behind the opponent's back, same as runaway/escape;
- **NEXT INSTANT:** think and act in relation to something that didn't happen yet, mentally anticipating the next play, usually using one touch;
- **GIVE AND GO:** pass to some who offer themselves (approach, support) and move behind opponent's back to receive the ball again;

5 ATTACKING PRINCIPLES

In any game, The Principles of Play support the game's objectives. In soccer, the objective is to **score goals** while denying the opponent to score goals of their own;

(1) **PENETRATION;**

(2) **DEPTH;**

(3) **WIDTH**

(4) **MOBILITY;**

(5) **CREATIVITY**

ATTACKING PRINCIPLES | PENETRATION

Attacking principle concerned with advancing the ball through the opposing team's defense and eventually getting the ball past the opposing goalkeeper into the net;

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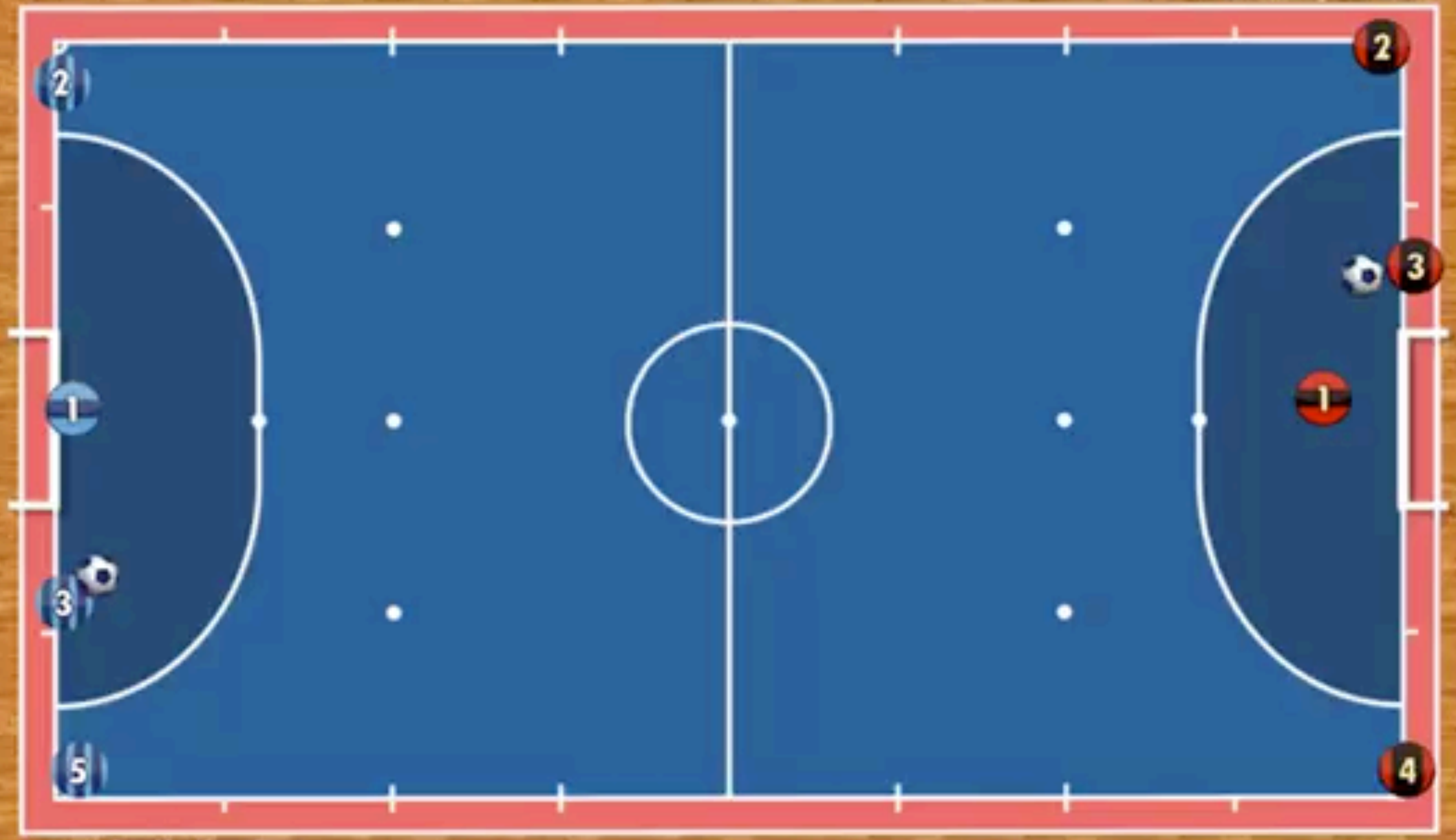

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ATTACKING PRINCIPLES | DEPTH

Attacking principle concerned to the teammates supporting each other when they are positioned lengthwise down the field/court. This aids with penetration because players can pass the ball around defenders on the way to the goal.

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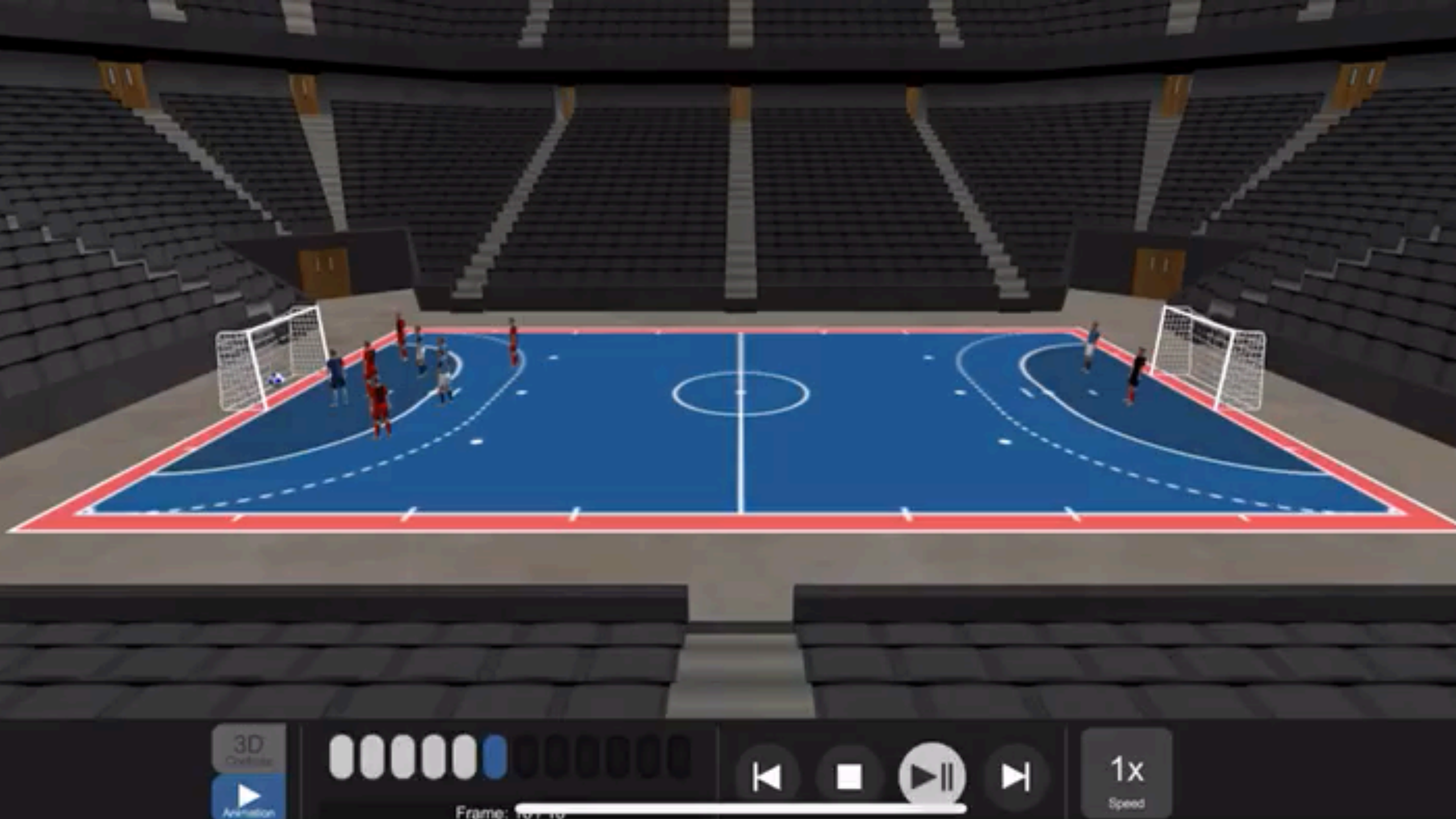
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3D
1x
Speed

ATTACKING PRINCIPLES | WIDTH

Attacking principle concerned to the teammates supporting each other when they are positioned across the width of the pitch. This aids with penetration because players can stretch out the defense or pass the ball around defenders on the way to the goal.

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ATTACKING PRINCIPLES | MOBILITY

Movement according to the conditions on the pitch to create opportunities for advancement or numerical advantages during critical challenges.

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ATTACKING PRINCIPLES | CREATIVITY

A disciplined and skillful defense is hard to beat in the final third. They will resist your attempts to pull them apart and will shutdown your lanes for passing, acting like they have seen everything you are trying a million times before.

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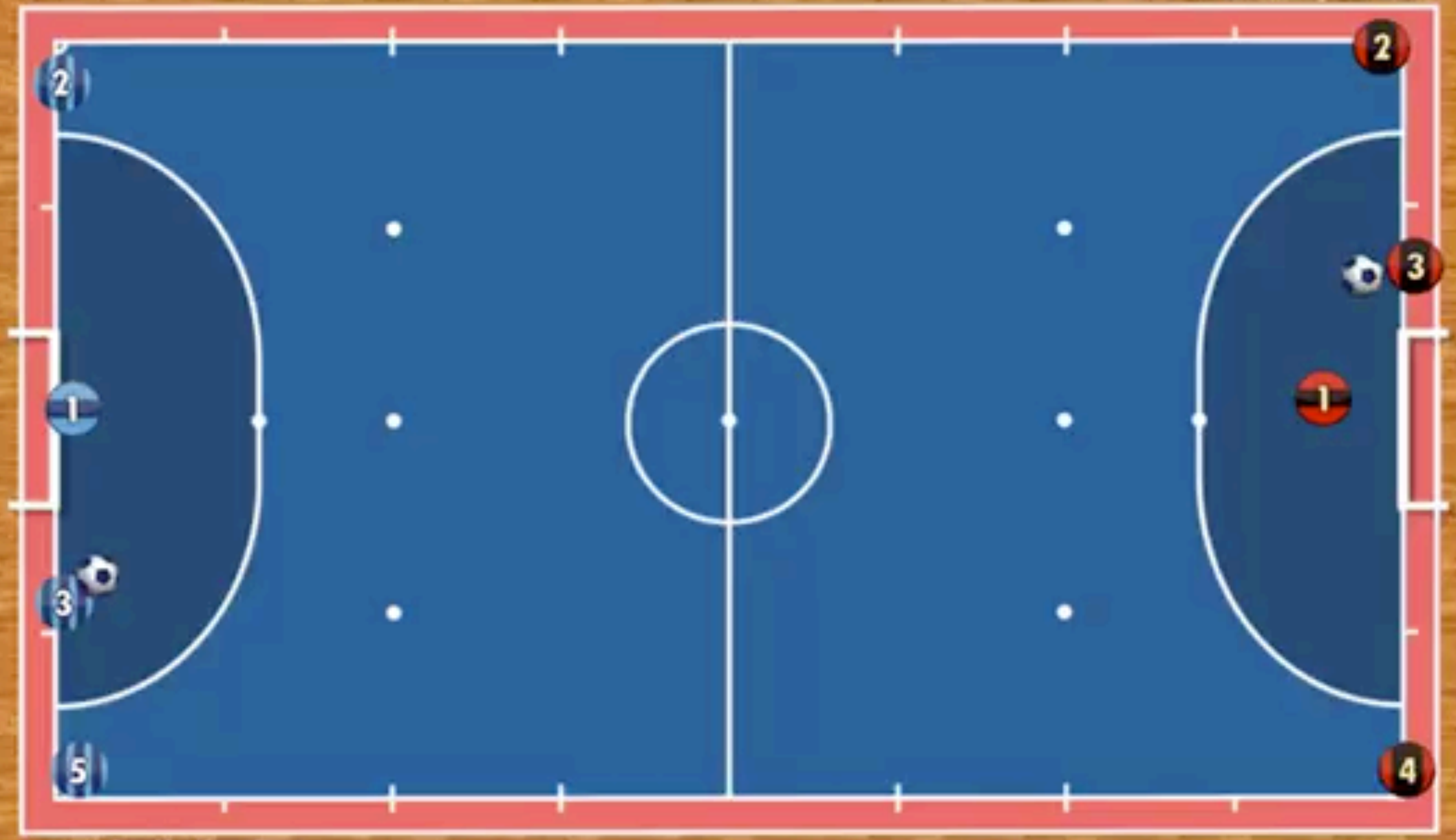

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